

Curriculum Vitae
Kamal Kumar Mahawar

Personal Details

Name: **Kamal Kumar Mahawar** *MBBS, MS, MSc, FRCS Ed*

Address: **Home:**

2 Matlock Avenue
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Work:

Consultant General Surgeon
Department of Surgery, Sunderland Royal Hospital
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Date of Birth: 20/06/1974

Age: 44 years

Nationality: British

Marital Status: Married (one child)

Registration: **General Medical Council:** 6066017 (On Specialist Register for General Surgery)

Education and Qualifications:

- **CCT (Certification of Completion of Training)** General Medical Council, UK March 2011.
- **FRCSEd (Exit Exam)**, Newcastle upon Tyne 2010 (MRCSEd in 2002)
- **MSc (Human Immunity)**, Department of Immunology, Liverpool University, September 2004.
- **M.S. (Master of Surgery)** in General Surgery from Postgraduate Institute of Medical Education and Research (PGIMER,) Chandigarh, India in December 2000.
- **M.B.B.S.**, Calcutta Medical College, Calcutta University, India, May 1998.

Other Academic Positions:

- Honorary Professorship, Shri Aurobindo Medical College & Postgraduate Institute, Indore (MP), India, 16th November 2017
- Visiting Research Fellow, Sunderland University, Sunderland, UK since March 2016
- Associate Clinical Lecturer, Newcastle University since December 2015

Involvement with Scientific Journals

- Social Media Editor and Editorial Board, "**Obesity Surgery**" (PubMed Indexed, Impact Factor 3.947), Official Journal of **IFSO** (International Federation for the Surgery of Obesity and Metabolic Disorders)
- Associate Editor "**Clinical Obesity**" (PubMed Indexed, Applied for Impact Factor. Official Journal of **World Obesity Federation**).
- Reviewer International Journal of Obesity, Journal of Obesity, Obesity Research and Clinical Practice, World Journal of Surgery, Journal of Minimal Access Surgery, Langenbacks Archives of Surgery, and other journals.

Leadership Roles within Profession:

- Member, **National Bariatric Surgery Registry (NBSR) Committee**, since June 2017
- Member, **Emerging Technology and Procedures Committee of ASMBS** (American Society for Metabolic and Bariatric Surgery) February 2017
- Member, **Communications and Informatics committee** of ASGBI (Association of Surgeons of Great Britain and Ireland) February 2017
- **Advisory board of "Obesity Empowerment Network"** February 2017
- Advisory committee, World Consensus Meeting on Bariatric and Metabolic Surgery Procedures, New Delhi, India March 2018.
- **Member, Communications Committee, IFSO** (International Federation for the Surgery of Obesity and Metabolic Disorders) since October' 2015
- **Member, Scientific Committee, IFSO Annual Conference 2017**, London, UK
- **Honorary Secretary**, BAPIO North East.
- **Member**, Local Negotiating Committee, Sunderland Royal Hospital
- **Member**, Executive Committee, BIDA North East

Invited Faculty and Guest Lectures:

- Invited Faculty and Guest Speaker, **XX International Congress of Mexican College of Obesity Surgery**, 3rd – 7th July 2018, Puerto-Vallarta, Mexico
- Advisory Committee Member, Panelist, Faculty, and Invited Speaker at **World Consensus Meeting** on Standardisation of Bariatric and Metabolic Surgery, 22-24 March 2018, New Delhi, UK
- Invited Faculty and Guest Speaker, **Obesity Surgery Society of India's annual**

conference in February' 2018, Chennai, India

- Invited Faculty and Guest Speaker, **British Obesity and Metabolic Surgery Society's annual conference** in January' 2018, Telford, UK

- Invited Faculty and Guest Speaker, "**Mohak International Hand on Course in Bariatric and Metabolic Surgery**", 15-17th November" 2017, Indore, India

- Invited Faculty and Guest Speaker, "**Revision after Sleeve Gastrectomy – Is One Anastomosis Gastric Bypass the best option?**" event organized by Gore Inc, London, 17th October' 2017.

- Multiple Invited Talks and **Director of the One Anastomosis/Mini Gastric Bypass Course** at **IFSO 2017 Annual Conference** in London. I was also a member of the scientific committee of the conference

- Hosted **Cadaveric Mini Gastric Bypass Course** at Cuscheiri Skills Centre, Dundee, July 2017 for 3 Consultant Bariatric Surgeons from Glasgow. I was the only faculty at this course and held a series of lectures for the delegates and also took them through a cadaveric Mini Gastric Bypass

- **Invited Faculty and Guest Speaker** Non-Inva 2017, Lyon, France.

- **Faculty and** Delivered a **Lecture** on "How to get published" during **Training Day at BOMSS 2017**.

- **Invited International Faculty and Guest Speaker, ACMOMS July 2016, Chennai' 2016**

- **Invited National Faculty, Homerton Symposium May 2016, London, UK**

- **Invited International Faculty and Guest Lecture** at **OSSICON 2016, Chandigarh, India**

- **Faculty, BOMSS Training Day, January 2016, Cardiff, Wales, UK**

- **Faculty, Second Keele Bariatric Symposium, December 2015, Keele University, Stoke-on-Trent, UK**

- **Faculty and Guest Speaker, 1st Northern Video Symposium, November 2015**

Middleborough, UK

- **Invited International Faculty and Guest Lecture at International MGB Meeting**, New Delhi, July 2015

- **Faculty at regular MGB Courses and Symposium** at our hospital.

- **Invited International Faculty and Guest Lecture at IAGES** (Indian Association of Gastrointestinal and Endoscopic Surgeons) Annual conference held in Gurgaon, New Delhi, India in February' 2015

- Lectured at **BOMSS 2015 Annual Meeting** in Newcastle upon Tyne.

- One of the authors of 2nd National Bariatric Surgery Report published by **BOMSS**.

- **Invited Faculty at ASGBI (Association of Surgeons of Great Britain and Ireland)'s annual conference in 2014 in Harrogate**. Delivered a guest lecture on Prevention, Diagnosis, and Management of Leaks after Bariatric Surgery.

- I was a part of the **BOMSS** team responsible for developing **position statement on Mini Gastric Bypass**.

- Invited National **Faculty 1st MetaSurg Asia 2014**, Mumbai. Organized by Dr. Shashank Shah, Lapro-Obese Centre Pune, India.

- Invited National **Faculty EndoSurg 2014**, AIIMS, New Delhi. Organised by Dr. Praveen Bhatia, Gangaram Hospital, New Delhi

- Invited **Faculty OSSICON** (Obesity Surgery Society of India Annual Conference) 30th January – 1st February, 2014, Ahmedabad.

- Invited **Guest Faculty SELSICON** (Society of Endoscopic and Laparoscopic Surgeons of India) Annual Conference, November 1-4, 2012, Chandigarh.

- Organised of **North East Bariatric Surgeons Network's annual meeting** in October' 2012, Sunderland Royal Hospital, Sunderland, UK.

- **Faculty and Invited Lecture First MB/OA Consensus Conference**, October 18-19' 2012, Paris.

- Invited Guest Lecture "Bariatric Surgery: The Past, The Present, and The Future" at a CME to mark golden jubilee celebration of **Postgraduate Medical Institute of Medical Research and Education, Chandigarh, India** on 25th August, India.

- Faculty for **Bariatric "SORTED" course** for senior trainees at Ethicon training center in Hamburg (using simulation based teaching among other things) from 14th – 16th June' 2011, in Hexham General Hospital, Hexham on 12th July for live operating, and in Freeman Hospital, Newcastle Upon Tyne for the cadaveric part of the course on 13th September'2011.

- Have been regularly participating as a **faculty member and lectured on "Complications of Laparoscopic Gastric Banding"** at Laparoscopic Gastric Banding Course in Sunderland Royal Hospital and North Tyneside General Hospital. I have lectured on three such courses so far. 30th April-1st May 2009, 6th-7th May 2010, 7th-8th November 2010 and May' 2011.

Awards and Medals:

- **Dr. B. C. Roy medal** for securing first rank in Calcutta Medical College in the Final professional M.B.B.S. exam of Calcutta University. Awarded by Mr. I K Gujral, then **Prime Minister of India**.

- **University honours** in Surgery, Medicine and Pharmacology.

- **Medals in Medicine and Surgery** for highest marks in entire college and the university, including one awarded by Association of Surgeons of India.

Summary of Surgical Experience and Professional Life:

I started my surgical training in January 1998 in India and obtained my MS (Master of Surgery) from the prestigious Postgraduate Institute of Medical Education and Research, Chandigarh. I worked there as a senior resident afterwards. In January 2003, I came to United Kingdom and spent subsequent 8 years training in United Kingdom. I was a Type 1 specialist registrar in Northern Deanery, where I finished my training in March' 2011. Since 1st April' 2011, I have been working as a consultant general and

bariatric surgeon in one of the biggest bariatric unit within the National Health Service in United Kingdom at City Hospitals Sunderland NHS Trust since April 2011. Our unit performs more than 600 bariatric procedures a year.

In 2014, I spent a period of 7 months starting March 2014 in India, where I set up a dedicated Obesity and Metabolic Surgery Centre at the prestigious Indraprastha Apollo Hospital in New Delhi. During this period, I was an Honorary Consultant Surgeon with City Hospitals Sunderland NHS Trust as well as an Honorary Clinical Tutor with School of Medicine in University of Edinburgh.

I have been doing bariatric surgery for nearly 10 years now, initially as a senior registrar and then as a consultant for nearly six years. I routinely perform laparoscopic gastric bypass, sleeve gastrectomy, mini gastric bypass, gastric banding, and gastric balloon insertions. I also carry out revisional bariatric surgery.

In addition to bariatric surgery, I perform a wide range of other open and laparoscopic general surgical procedures. I also routinely perform laparoscopic cholecystectomies, open/laparoscopic hernia repair, laparoscopic CBD exploration, laparoscopic antireflux surgery (hiatal hernia repair and Nissen's Fundoplication), emergency laparoscopic procedures (like duodenal ulcer perforation, cholecystectomies, appendicectomies etc.) I carry out both diagnostic and therapeutic upper and lower gastrointestinal endoscopies.

I have been an invited faculty and delivered prestigious lectures at many major national and international meetings. I have been a faculty on a number of training courses and am regularly involved in training of Northern Deanery trainees.

Professional Experience:

Present Appointments:

Consultant General Surgeon, Sunderland Royal Hospital, Sunderland SR4 7TP from 01/04/2011

- Perform Bariatric Surgery (laparoscopic roux-en-y gastric bypass, laparoscopic sleeve gastrectomy, laparoscopic gastric band, laparoscopic revisional surgery, gastric balloon insertion), cholecystectomies, hernia repairs, anti reflux surgery, common bile duct

exploration, and a range of other elective general surgical procedures. I share a 1:12 General Surgical on call with colleagues.

Past Appointments:

Honorary Clinical Tutor, College of Medicine, University of Edinburgh since February 2014 to January 2016

- I supervised ChM students for University of Edinburgh as part of this distance-learning programme.

Senior Consultant Bariatric and Metabolic Surgeon, Indraprastha Apollo Hospital, New Delhi from 01/03/2014 to 28/09/2014

- During these 7 months, I established a Bariatric and Metabolic Surgery Centre (Apollo Obesity and Metabolic Surgery Centre) in this flagship hospital of the largest corporate healthcare group in India. I was able to successfully implement the protocols and policies that I learnt at Sunderland, with some modifications for Indian context.

- At the same time, I retained my association with City Hospitals Sunderland NHS Trust as an Honorary Consultant Surgeon and with University of Edinburgh as an Honorary Clinical Tutor in College of Medicine.

Specialist Registrar, Surgery, North Tyneside General Hospital, North Shields from 06/10/2010 to 31/03/2011

- Worked on the UGI/ bariatric team with Mr. K. Seymour and Mr. S. Woodcock.

- 1: 9 Full Shift Rota.

Specialist Registrar, Surgery, Sunderland Royal Hospital, from 01/10/2008 to 05/10/2010

- Worked on the UGI/ bariatric team with Mr. P K Small, Mr. S Balupuri, and Mr. N. Schroeder for 2 years. Unit performing largest number of bariatric procedures in North East of England and one of the busiest units in the country.

- 1: 9 Full Shift Rota.

Specialist Registrar, Surgery, James Cook University Hospital from 03/10/2007 to 30.09.2008

- Worked on the colorectal team for 6 months with Prof. R. Wilson, Mr. S. Wakefield, and Mr. M. Jha and on the upper GI team with Mr. S. Dresner, Mr. YKS Viswanath, and Mr. P. Davis for 6 months. UGI team is the centre for the upper gastrointestinal cancers in Tees valley area.

-1:10 Full Shift Rota.

Specialist Registrar, Surgery, North Tees and Hartlepool from 04/10/2006 to 02.10.2007

- Worked with Mr. M. Tabaqchali and Mr. G. Ayyasamy on the colorectal team and Mr. H. Bandi and Mr. S. Shanmugam on upper gastrointestinal and laparoscopic team.

- 1:6 on call rota.

Specialist Registrar, Surgery, Wansbeck General Hospital from 01/10/2005 to 03.10.2006

- Worked with Mr. M. Carr and Mr. M. Youssef on the breast team and Mr. J. Guest, Mr. S. Bawa and Mr. P. Gallagher on the Upper GI team.

- Sharing a 1:8 full shift rota.

Specialist Registrar, Surgery, Darlington Memorial Hospital from 01/10/2004 to 30/09/2005

- Worked with Mr. N. B. Corner and Mr. R. Brookstein on Vascular/Breast team and Mr. K. Gunning and Mr. S. Debrah on the colorectal team.

- Shared a 1:4 on call rota.

Senior Clinical Fellow, Vascular Unit, Freeman Hospital, Newcastle upon Tyne from 04/08/2004 to 30/09/2004

- Worked on this very busy academic vascular unit with Mr. D Lambert and Mr. M G Wyatt.

- Shared a 1:6 on call rota.

Research/MSc SHO in Surgery, Arrowe Park Hospital, Wirral from 06/08/2003 to 03/08/2004

- Worked with Mr. S D Blair and Mr. D T Reilly.
- Simultaneously pursued MSc at Liverpool University.
- Shared 1:8 full shift rota.

Senior SHO (SHO3), General Surgery, Caithness General Hospital, Wick from 05/02/2003 to 05/08/2003

- Worked with Mr. P W Fisher and Mr. P K Datta.
- 1:4 on call rota.

Resident General Surgeon, King Abdul Aziz Specialist Hospital, Taif, Kingdom of Saudi Arabia. From: 20/07/2002 to 05/01/2003

- Large multispecialty hospital under Ministry of Health, Saudi Arabia.
- On call duties in surgical emergency of the hospital in a 1 in 7 rota.

Senior Resident, Department of General Surgery, Fortis Heart Institute and Multispeciality Medical Center, Mohali, Punjab, India from 19/11/2001 to 06/06/2002

- Worked with Dr. S. K. Kochar and Dr. N. C. Raina.
- 1: 2 on call rota.

Senior Resident, Transplant Unit, Department of Surgery, Postgraduate Institute of Medical Education and Research, Chandigarh, India from 03/01/2001 to 18/11/2001.

- Worked as a registrar with Prof. M. Minz.
- 1:5 on call rota.

Resident teaching fellow, Department of Surgery, Postgraduate Institute of Medical Education and Research, Chandigarh, India from 01/01/1998 to 31/12/2000

- **Basic Surgical Training (3 years)** : Spent one and a half years in general surgery, 6 months in accident and emergency and 3 months each in urology, transplant, cardiothoracic and neurosurgery as a part of my **3-year structured basic surgical training rotation** in this 1500-bedded busy central government funded premier national postgraduate institute.

Internship (UK House Officer equivalent), Calcutta Medical College, Calcutta, India from 16th September 1996 to 15th September 1997.

-Twelve month rotating internship across various specialties.

Thesis:

1. MSc Research Project: *“The Effect of Dopamine Receptor Agonists on the Apoptosis of Lymphocytes”* at **Liverpool University** with Dr. P J McLaughlin towards MSc in Human Immunity at Department of Immunology, University of Liverpool.

The main purpose of this study was to see if Dopamine/Dopamine Receptor agonists play any role in causing apoptosis in peripheral blood lymphocytes. It could help us understand the role of dopamine in modulating immune responses, and deletion of auto reactive clones of lymphocytes. It may also provide us with a peripheral model to study Parkinson’s disease, as it is believed that Dopamine may play a role in neurodegenerative disorders. **This work was submitted as a dissertation towards my MSc and presented as a poster at Annual Conference of British Society of Immunology, held in Dec’04 in Harrogate, UK**

2. MS (General Surgery) Thesis Project: *“Renal Dysfunction Following Open Heart Surgery-Incidence and Prognostic Factors”* with Prof. R. S. Dhaliwal, Head, Department of Cardiothoracic Surgery towards M.S (Master of Surgery) in General Surgery at PGIMER Chandigarh, India.

This was done as a mandatory requirement for the degree of MS and was submitted as a thesis. It was presented at the meeting of Indian Cardiothoracic Surgeons in Chennai, India in March’ 2002 and subsequently published as an abstract in **Indian Journal of Thoracic and Cardiovascular Surgery**. A full article appeared later in **Bulletin PGI**.

Publications:

Original Articles, Reviews, Controversies, and Book Chapters:

1. Sahloul M, Karim A, Chohan KS, Tahrani AA, Mahawar K, Richardson M, Ludwig C, Daskalakis M, Singhal R. Roux-en-Y Gastric Bypass: Does the Direction of Staples Matter? **Obes Surg** 2018 Apr 27. doi: 10.1007/s11695-018-3275-z. [Epub ahead of print]
2. Mahawar KK, Nimeri A, Adamo M, Borg CM, Singhal R, Khan O, Small PK. Practices Concerning Revisional Bariatric Surgery: a Survey of 460 Surgeons. **Obes Surg** 2018 Apr 3. doi: 10.1007/s11695-018-3226-8. [Epub ahead of print]
3. De Luca M, Tie T, Ooi G, Higa K, Himpens J, Carbajo MA, Mahawar K, Shikora S, Brown WA. Mini Gastric Bypass-One Anastomosis Gastric Bypass (MGB-OAGB)-IFSO Position Statement. **Obes Surg** 2018 Mar 29. doi: 10.1007/s11695-018-3182-3. [Epub ahead of print]
4. Mahawar KK, Reid A, Graham Y, et al. Oral Vitamin B12 supplementation after Roux-en-Y Gastric Bypass: A systematic review. **Obes Surg** 2018 Jan 9. doi: 10.1007/s11695-017-3102-y. [Epub ahead of print]
5. Mahawar K, Himpens J, Shikora S, et al. The First Consensus Statement on One Anastomosis/Mini Gastric Bypass using a Modified Delphi Approach". **Obes Surg** 2018; 28(2): 303-12.
6. Courtney M, Mahawar K, Burnell P, et al. Occupational Outcomes of Bariatric Surgery- Do the Employed Return to Work and Do the Unemployed Find Work? **Obes Surg** 2017 Nov 3. doi: 10.1007/s11695-017-2963-4. [Epub ahead of print]
7. Madhok BM, Mahawar KK, Hadfield JN, Courtney M, Stubbing-Moore A, Koshy S, et al. Haematological indices and haematinic levels after mini gastric bypass: a matched comparison with Roux-en-Y gastric bypass. **Clin Obes** 2018; 8(1): 43-49.
8. Sharples A, Mahawar K, Cheruvu C. Systematic review and retrospective validation of prediction models for weight loss after bariatric surgery. Accepted for publication in *Surgery for Obesity and Related Diseases*. **Surg Obes Relat Dis** 2017 Aug 12. pii: S1550-7289(17)30379-9.
9. Graham Y, Hayes C, Small PK, Mahawar K, Ling J. Patient experiences of adjusting to life in the first 2 years after bariatric surgery: a qualitative study. **Clin Obes** 2017; 7(5): 323-335.
10. Mahawar K, Kular K, Parmar C. Perioperative Practices Concerning One Anastomosis (Mini) Gastric Bypass: A Survey of 210 Surgeons. **Obes Surg** 2017. <https://doi.org/10.1007/s11695-017-2831-2>
11. Mahawar K, Borg CM, Kular KS, Courtney MJ, Sillah K, Carr WRJ, Jennings N, Madhok B, Singhal R, Small PK. Understanding Objections to One Anastomosis (Mini) Gastric Bypass: A survey of 417 surgeons not performing this procedure. **Obes Surg** 2017 Mar 30. doi: 10.1007/s11695-017-2663-0. [Epub ahead of print]
12. Mahawar KK, Parmar C, Carr WRJ, Jennings N, Schroeder N, Small PK. Impact of biliopancreatic limb length on severe protein-calorie malnutrition

- requiring revisional surgery after one anastomosis (mini) gastric bypass. **J Minim Access Surg.** 2017 Jul 7. doi: 10.4103/jmas.JMAS_198_16. [Epub ahead of print]
13. Parmar C, Mahawar KK, Carr WRJ, Schroeder N, Balupuri S, Small PK. Bariatric Surgery in Septuagenarians: a Comparison with <60 Year Olds. **Obes Surg** 2017 May 23. doi: 10.1007/s11695-017-2739-x. [Epub ahead of print]
 14. Mahawar KK. Pregnancy and bariatric surgery. **Minerva Chir** 2017 Jun 16. doi: 10.23736/S0026-4733.17.07421-1. [Epub ahead of print]
 15. Mahawar KK, Sharples AJ. Contribution of Malabsorption to Weight Loss After Roux-en-Y Gastric Bypass: a Systematic Review. **Obes Surg** 2017; 27(8): 2194-2206.
 16. Mahawar KK, Reid AN, Graham Y. Marginal ulcers after one anastomosis (**mini**) gastric bypass: a survey of surgeons. **Clin Obes.** 2017; 7(3): 151-56.
 17. Parmar CD, Mahawar K, Boyle M, Schroeder N, Balupuri S, Small PK. Conversion of Sleeve Gastrectomy to Roux-en-Y Gastric Bypass is effective for Gastro-Oesophageal Reflux Disease but not for further weight loss. **Obes Surg** 2017; 27(7): 1651-58.
 18. Graham YN, Hayes C, Mahawar K, Small PK, Attala A, Seymour K, Woodcock S, Ling J. Ascertaining the Place of Social Media and Technology for Bariatric Patient Support: What Do Allied Health Practitioners Think? **Obes Surg.** 2017; 27(7): 1691-96.
 19. Mahawar KK, Bhasker AG, Bindal V, Graham Y, Dudeja U, Lakdawala M, Small PK. Zinc Deficiency after Gastric Bypass for Morbid Obesity: a Systematic Review. **Obes Surg.** 2017; 27(2): 522-29.
 20. Parmar C, Abdelhalim MA, Mahawar KK, Boyle M, Carr WR, Jennings N, Small PK. Management of super-super obese patients: comparison between one anastomosis (mini) gastric bypass and Roux-en-Y gastric bypass. **Surg Endosc.** 2016 Dec 15. [Epub ahead of print]
 21. Mahawar KK, Small PK. Medical weight management before bariatric surgery: is it an evidence-based intervention or a rationing tool? **Clin Obes.** 2016; 6(6): 359-360.
 22. De Luca M, Himpens J, Angrisani L, Di Lorenzo N, Mahawar K, Lunardi C, Pellicanò N, Clemente N, Shikora S. A New Concept in Bariatric Surgery. Single Anastomosis Gastro-Ileal (SAGI): Technical Details and Preliminary Results. **Obes Surg** 2017; 27(1): 143-147.
 23. Mahawar KK, Borg CM, Agarwal S, Riebeiro R, De Luca M, Small PK. Criteria for Inclusion of Newer Bariatric and Metabolic Procedures into the Mainstream: a Survey of 396 Bariatric Surgeons. **Obes Surg.** 2017; 27(4): 873-80.
 24. Mahawar K, Parmar C, Graham Y, De Alwis N Carr WRJ, Jennings N, Small PK. Monitoring of Liver Function Tests after Roux-en-Y Gastric Bypass: An Examination of Evidence Base. **Obes Surg** 2016; 26 (10): 2280-3.

25. Mahawar K, Graham Y, Small PK. Optimum time for Pregnancy after Bariatric Surgery. **Surg Obes Relat Dis** 2016; 12(5): 1126-8.
26. Madhok B, Mahawar KK, Boyle M, Carr WR, Jennings N, Schroeder N, Balupuri S, Small PK. Management of Super-super Obese Patients: Comparison Between Mini (One Anastomosis) Gastric Bypass and Sleeve Gastrectomy. **Obes Surg**. 2016; 26 (7): 1646-9.
27. Kumar P, Hamza N, Madhok M, De-Alwis N, Sharma M, Miras A, Mahawar K. Copper Deficiency after Gastric Bypass for Morbid Obesity: A Systematic Review. **Obes Surg** 2016; 26(6): 1335-42.
28. Mahawar K, Kumar P, Parmar C, Graham Y, Carr W, Jennings N, Schroeder N, Balupuri S, Small PK. Small Bowel Limb Lengths and Roux-en-Y Gastric Bypass: A Systematic Review. **Obes Surg** 2016; 26(3): 660-71.
29. Mahawar K, Kumar P, Carr WRJ, Jennings N, Schroeder N, Balupuri S, Small PK. Current Status of Mini Gastric Bypass. **J Minim Access Surg** 2016; 12(4): 305-10.
30. Graham Y, Mansour D, Small P, Hinshaw K, Gatiss S, Mahawar K, McGarry K, Wilkes S. A survey of bariatric surgical and reproductive health professionals' knowledge and provision of contraception to reproductive-aged bariatric surgical patients. **Obes Surg** 2016; 26(8):1918-23.
31. Parmar C, Mahawar K, Boyle M, Carr W, Jennings N, Schroeder N, Balupuri S, Small PK. Mini Gastric Bypass: First Report of 125 consecutive cases from United Kingdom. **Clin Obes** 2016; 6(1): 61-7.
32. Mahawar K, De-Alwis N, Carr W, Jennings N, Schroeder N, Small PK. Bariatric Surgery in Type 1 Diabetes Mellitus: A Systematic Review. **Obes Surg** 2016; 26(1): 196-204.
33. Mahawar K, Parmar C, Graham Y, Abouleid A, Carr WRJ, Jennings N, Schroeder N, Small PK. Routine Liver Biopsy During Bariatric Surgery: An Analysis of Evidence Base. **Obes Surg** 2016; 26(1): 177-81.
34. Jan A, Narwaria M, Mahawar K. A Systematic Review of Bariatric Surgery in Patients with Liver Cirrhosis. **Obes Surg** 2015; 25(8): 1518-26.
35. Mahawar K, Parmar C, Carr WRJ, Jennings N, Schroeder N, Balupuri S, Small PK. Preoperative Interventions for Patients Being Considered for Bariatric Surgery: Separating the Fact from Fiction. **Obes Surg** 2015; 25(8): 1527-33. May 21.
36. Mahawar K, Graham Y, Carr WRJ, Jennings N, Schroeder N, Balupuri S, Small PK. Revisional Roux en Y Gastric Bypass and Sleeve Gastrectomy: A systematic review of comparative outcomes with respective primary procedures. **Obes Surg** 2015; 27(7): 1271-80.

37. Welbourn R, Small P, Finlay, I, Sarela A, Somers S, Mahawar K. Second National Bariatric Surgery Report. http://www.bomss.org.uk/wp-content/uploads/2014/04/Extract_from_the_NBSR_2014_Report.pdf
38. Carr WR, Jennings NA, Boyle M, Mahawar K, Balupuri S, Small PK. A retrospective comparison of early results of conversion of failed gastric banding to sleeve gastrectomy or gastric bypass. **Surg Obes Relat Dis** 2015; 11(2): 379-84.
39. Mahawar K, Carr W, Jennings N, Balupuri S, Small PK. Simultaneous Sleeve Gastrectomy and Hiatus Hernia Repair: A Systematic Review. **Obes Surg** 2015; 25 (1): 159-66.
40. Mahawar K. Body Mass Index: Is it relevant for Indians? **Apollo Medicine**. DOI: 10.1016/j.apme.2014.07.013
41. Mahawar K, Parikh C, Carr WRJ, Jennings N, Balupuri S, Small PK. Primary Banded Roux en Y Gastric Bypass: A Systematic Review. **Obes Surg** 2014; 24(10): 1771-92.
42. Mahawar KK. The Disease of Obesity and The Need for Bariatric Physicians. **Apollo Medicine** - 29 May 2014 (10.1016/j.apme.2014.05.006) Apollo Medicine - 29 May 2014 (10.1016/j.apme.2014.05.006)
43. Carr W, Mahawar K, Balupuri S, Small PK. An Evidence-Based Algorithm for the Management of Marginal Ulcers following Roux-en-Y Gastric Bypass. **Obes Surg** 2014; 24(9): 1520-7.
44. Brown J, Boyle M, Mahawar K, Balupuri S, Small PK. Laparoscopic Adjustable Gastric Band Survival in a High Volume Bariatric Unit. **Br J Surg** 2013; 100: 1614-18.
45. Mahawar K, Carr W, Balupuri S, Small PK. Controversy Surrounding "Mini" Gastric Bypass. **Obes Surg** 2014; 24(2): 324-33.
46. Mahawar K, Jennings N, Brown J, Gupta A, Balupuri S, Small PK. "Mini" Gastric Bypass: Systematic Review of a Controversial Procedure. **Obes Surg** 2013; 23(11): 1890-98.
47. Jennings N, Boyle M, Mahawar K, Balupuri S, Small PK. Revisional laparoscopic roux en y Gastric Bypass Following Failed Laparoscopic Adjustable Gastric Banding. **Obes Surg** 2013; 23(7): 947-52.
48. Jennings N, Boyle M, Mahawar K, Balupuri S, Small PK. The relationship of distance from the surgical centre on attendance and weight loss after laparoscopic gastric bypass surgery in the United Kingdom. **Clin Obes** 2013; 3(6): 180-4.
49. Mahawar KK, Jennings N, Balupuri S, Small PK. Sleeve Gastrectomy and Gastro-oesophageal Reflux Disease: a Complex Relationship. **Obes Surg** 2013; 23(7): 987-91.
50. Parker S, Mahawar K, Balupuri S, Boyle M, Small PK. Routine Group and Save unnecessary for gastric band surgery: A retrospective case review audit of

- 1,018 bariatric patients. **Clinical Obesity** 2012; 2(3-4): 73-77.
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167. Wilson M, Alhamdani A, Mahawar K, Boyle M, Small P. Enhanced Recovery is feasible in bariatric patients: Early outcomes of enhanced recovery following laparoscopic roux en y gastric bypass. *International Journal of Surgery* 2011; 9(7): 538.
168. Wilson M, Alhamdani A, Boyle M, Mahawar K, Balupuri S, Small P. Postoperative upper gastrointestinal endoscopies in gastric bypass patients. *Surg Obes Relat Dis* 2011; 7: 249.
169. Wilson M, Alhamdani A, Boyle M, Mahawar K, Balupuri S, Small P. Laparoscopic Roux en Y Gastric Bypass is safe and effective in patients with BMI ≥ 60 . *Surg Obes Relat Dis* 2011; 7: 249.
170. Alhamdani A, Wilson M, Boyle M, Mahawar K, Balupuri S, Small P. Our 10 year experience with Laparoscopic Adjustable Gastric Banding. *Surg Obes Relat Dis* 2011; 7: 252.
171. Mahawar K, Boyle M, Balupuri S, Small PK. Is weight loss in revisional laparoscopic roux-en-y gastric bypasses similar to primary bypasses? **Obes Surg** 2010; 20. (Presented to IFSO annual conference September 2010, Long Beach, USA as an oral presentation.)
172. Mahawar K, Boyle M, Balupuri S, Small PK. An enhanced recovery protocol for patients undergoing laparoscopic roux-en-y gastric bypasses. **Obes Surg** 2010; 20. (Presented to IFSO annual conference September 2010, Long Beach, USA as a poster.)
173. Mahawar K, Boyle M, Balupuri S, Small PK. Enoxaparin 40 mg daily is safe and effective in preventing deep vein thrombosis in patients undergoing bariatric surgery. **Obes Surg** 2010; 20. (Presented to IFSO annual conference September 2010, Long Beach, USA as a poster)
174. Mahawar K, Parker S, Balupuri S, Small PK. Is routine "group and save" necessary before laparoscopic gastric banding and roux-en-y gastric bypasses? **Obes Surg** 2010; 20. (Presented to IFSO annual conference September 2010, Long Beach, USA as a poster)
175. Mahawar K, Harrison S, Boyle M, Balupuri S, Small PK. Laparoscopic conversion of gastric bands to roux-en-y gastric bypass is safe and effective: our experience with 24 cases. **Obes Surg** 2010; 20: 817. (Presented to IFSO European Chapter conference April 2010, Lausanne, Switzerland as an oral presentation.)
176. Harrison S, Mahawar K, Boyle M, Balupuri S, Small PK. Does Preoperative weight loss improve weight loss outcome after laparoscopic gastric banding and laparoscopic roux-en-y gastric bypasses? **Obes Surg** 2010; 20: 821. (Presented to

IFSO European Chapter conference April 2010, Lausanne, Switzerland as an oral presentation.)

177. Isreb S, Hildreth A, Mahawar K, Balupuri S, Small P. Laparoscopic Instruments marking improve length measurement precision. **Obes Surg** 2009; 19: 1044.
178. Birla R, Mahawar K, Wilbin L, Cheripally B, Viswanath YKS. Evaluation of original and a proposed modification of Alvarado Score in avoiding normal appendicectomy: a prospective audit. **Colorectal Disease** 2009; 11 (Suppl 1): 15-45.
179. Mettu S, Siwach V, Mahawar K, Dhanda R, Sabapathy B, Angral R, Sharma AK, Wig JD. Need for Advanced Trauma Life Support [ATLS] based trauma care training among surgical residents: A problem based questionnaire study. **The Surgeon** (supplement) 2005; 3(3): S38
180. Mahawar KK, Bal AM. Role of HLA matching in Liver transplant. **Transplantation**. 78(2) Supplement 1:643, July 27, 2004.
181. Dhaliwal RS, Mahawar KK, Devender D, Puri D, Sakhuja V. Renal Dysfunction following open heart surgery: Incidence and Prognostic factors. **Indian J Cardiothoracic Surgery** 2002; 18: 58.

Major Presentations:

Oral Presentations:

1. Keshvara K, Boyle M, Carr W, Mahawar K, Schroeder N, Balupuri S, Small P, Jennings N. Medium Term Results Following Laparoscopic Gastric Bypass (LRYGB) in the NHS. Does Bariatric Surgery lead to sustained reduction in medications? Oral Presentation at **IFSO 2017 Annual Conference** in London.
2. Madhok B, Mahawar K, De-Alwis N, Jennings N, Balupuri S, Small P. Is the current calcium supplementation adequate in patients after Gastric Bypass? Comparison between matched cohort of patients who underwent One Anastomosis Gastric Bypass and Roux-en-Y Gastric Bypass. Oral Presentation at **IFSO 2017 Annual Conference** in London.
3. Parmar CD, Mahawar K, Alhamdani A, Sufi P, Small P. Laparoscopic Roux-en-Y Gastric Bypass versus One Anastomosis (Mini) Gastric Bypass: A Prospective Randomized Controlled Trial. Oral Presentation at **IFSO 2017 Annual Conference** in London.

4. Courtney M, Mahawar K, Jennings N, Balupuri S, Small P, Carr W. Occupational outcomes of bariatric surgery in a high-volume UK centre. Oral Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent. Selected for Council Prize Session.
5. Madhok B, Mahawar K, Small P, Balupuri S, Schroeder S, De Alwis N. Post-prandial hypoglycaemia following gastric bypass – review of clinical presentation and management. Oral Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
6. Graham Y, Hayes C, Mahawar K, Small PK, Attala A, Seymour K, Woodcock S, Ling J. Ascertaining the place of social media and technology for bariatric patient support: What do allied health professionals think? Oral Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
7. Graham Y, Small PK, Mahawar K, Hinshaw K, Gatiss S, Jan H, Mansour D. Sexual and reproductive health of women aged 18-50 awaiting bariatric surgery Oral Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
8. Madhok M, Mahawar K, Parmar C, Carr W, Jennings N, Schroeder N, Balupuri S, Small PK. Comparison of outcomes in patients with body mass index of more than 60 who underwent Mini Gastric Bypass and Sleeve Gastrectomy. Oral Presentation at **BOMSS 2016 Annual Conference** at Cardiff, Wales. Selected for Council Prize Session
9. Boyle M, Mahawar K, Hamza N, Young N. Serum copper and zinc levels are lower post laparoscopic Mini vs. Roux-en-Y gastric bypass at 1 year follow up: A prospective audit. Oral Presentation at **BOMSS 2016 Annual Conference** at Cardiff, Wales
10. Graham Y, Mansour D, Wilkes S, Mahawar K, McGarry K, Gatiss S, Hinshaw K, Small PK. Comparing knowledge and provision of contraceptive care by bariatric surgical and sexual and reproductive health practitioners. Oral Presentation at **BOMSS 2016 Annual Conference** at Cardiff, Wales.
11. Graham Y, Jennings N, Small PK, Allan L, Mahawar K, Balupuri S, Carr W, Sekhar A, Ling J. The development of a bariatric surgical patient-led mobile app to identify bariatric-friendly eating places. Oral Presentation at **BOMSS 2016 Annual Conference** at Cardiff, Wales.
12. McCormack C, Boyle M, Parmar C, Dunn L, Schroeder N, Balupuri S, Carr W, Mahawar K, Small PK, Jennings N. Does Preoperative Endoscopy Reduce the Need for Revisional Surgery in Sleeve Gastrectomy? Oral Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
13. Bennett J, Small PK, Chetan Parmar, Maureen Boyle, Neil Jennings, Shlok Balupuri, Kamal Mahawar, William Carr. Is Marginal Ulceration More Common

- After Mini Gastric Bypass? Oral Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
14. Latimer J, Boyle M, Schroeder N, Balupuri S, Carr W, Mahawar K, Small PK, Jennings NA. The Changing Face of Bariatric Surgery. Are we delivering better results for our patients? *Obes Surg* 2015; 25 (Suppl 1): S1: S364. Oral Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
 15. Parmar C, Boyle M, Mahawar K, Jennings N, Carr W, Balupuri S, Small P. Bariatric Surgery: Answer to the North to South Tilt of Britain? Oral Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
 16. Parmar C, Boyle M, Carr W, Jennings N, Mahawar K, Balupuri S, Small PK. Laparoscopic Mini Gastric Bypass (LMGB): Our experience with 100 cases. Oral presentation at **British Obesity and Metabolic Surgery Society's 2015 Annual Conference** at Newcastle.
 17. Walker S, Boyle M, Mahawar K, Carr W, Balupuri S, Small P, Jennings N. Who? How safe are YOUR patients following discharge from the bariatric service. Is current GP follow up following bariatric surgery safe and appropriate? Medium term review following gastric bypass surgery. Oral presentation at **British Obesity and Metabolic Surgery Society's 2015 Annual Conference** at Newcastle.
 18. Boyle M, Jennings N, Mahawar K, Balupuri S, Small PK. Early experience with Mini Gastric Bypass in a Large NHS Unit. Oral presentation and won the council prize at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire.
 19. Mahawar K, Carr W, Boyle M, Jennings N, Balupuri S, Small PK. Is late (>30 day) mortality after bariatric surgery an under recognised problem? Oral presentation at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire.
 20. Kanakala V, Chattopadhyay D, Sarkar R, Jennings N, Mahawar K, Balupuri S, Small PK. Closure of mesenteric defects after Roux-en-Y Gastric Bypass: Is there enough evidence to decide? Oral presentation in the council prize session at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire.
 21. Kanakala V, Sarkar R, Hollingworth A, Chatopadhyay D, Jennings N, Mahawar K, Balupuri S, Small PK. Mesenteric defects after Laparoscopic Gastric Bypass procedure: to close or not to? Oral presentation at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire.
 22. Shaban F, Brown J, Carr W, Boyle M, Mahawar K, Schroeder N, Balupuri S, Small P. Prevention and early treatment of marginal ulcers following laparoscopic roux en y gastric bypass. Oral presentation at **AUGIS Annual Conference 2013, Gateshead, UK.**

23. Carr W, Brown J, Boyle M, Mahawar K, Balupuri S, Small P. Is Laparoscopic Sleeve Gastrectomy Safe and Effective after Failed Laparoscopic Adjustable Gastric Banding? *Br J Surg* 2013; 100 (Suppl 8): 1-62. Oral presentation at **AUGIS Annual Conference 2013, Gateshead, UK.**
24. Brown J, Carr WRJ, Mahawar K, Balupuri S, Small P. LAGB: A Temporary Weight Loss Measure. Oral presentation and won the council prize at **BOMSS Annual Conference 2013, Glasgow, UK.**
25. Jennings N, Dixon S, Boyle M, Balupuri S, Mahawar K, Small P. Gastric balloon insertion as part of the preoperative psychological assessment in patients undergoing laparoscopic roux en y gastric bypass. Oral presentation at **BOMSS Annual Conference 2013, Glasgow, UK.**
26. Jennings NA, Stevens S, Taylor R, Carey PE, Coates JA, Ogilvie P, Schroeder N, Mahawar K, Balupuri S, Small PK. **Remission of Type II Diabetes Mellitus following bariatric surgery is not influenced by the choice of surgical procedure.** Presented to **BOMSS Annual Conference 2012, Bristol, UK** as an oral presentation.
27. Jennings N, Boyle M, Mahawar K, Schroeder N, Balupuri S, Small P. The effect of distance from the bariatric centre on follow up compliance and possible consequences for weight loss in a UK population. Presented to **BOMSS Annual Conference 2012, Bristol, UK** as an oral presentation.
28. Oweis D, Kyle P, Alhamdani A, Rao M, Boyle M, Mahawar K, Balupuri S, Small P. Impact of Laparoscopic Roux en Y Gastric Bypass on kidney function. Presented to **BOMSS Annual Conference 2012, Bristol, UK** as an oral presentation.
29. Alhamdani A, Wilson M, Mahawar K, Balupuri S, Small P. Outcome of Laparoscopic Adjustable Gastric Banding in Patients over 60 years. Presented to **IFSO Annual Conference 2011, Hamburg, Germany,** as an oral presentation.
30. Wilson M, Alhamdani A, Mahawar K, Balupuri S, Small P. Enhanced recovery is feasible, safe, and effective in bariatric patients: single centre experience and early outcomes following Laparoscopic Roux en Y Gastric Bypass in 305 patients. Presented to **IFSO Annual Conference 2011, Hamburg, Germany,** as an oral presentation.
31. Carr WRJ, Boyle M, Mahawar K, Schroeder N, Balupuri S, Small PK. **Patient Reported Outcomes Following Roux-en-Y Gastric Bypass"** Presented to **IFSO Annual Conference 2011, Hamburg, Germany,** as an oral presentation.
32. Wilson M, Alhamdani A, Mahawar K, Boyle M, Balupuri S, Small P. Postoperative Upper Gastrointestinal Endoscopies in Gastric Bypass patients: Frequency and Findings. **Presented to BOMSS Annual Conference 2011, Wakefield, UK** as an oral presentation.

33. Wilson M, Alhamdani A, Mahawar K, Boyle M, Balupuri S, Small P. Laparoscopic Roux en Y Gastric Bypass is safe and effective in Patients with BMI ≥ 60 . **Presented to BOMSS Annual Conference 2011, Wakefield, UK** as an oral presentation.
34. Alhamdani A, Wilson M, Jones T, Taqvi L, Gonsalves P, Mahawar K, Boyle M, Balupuri S, Small P. Our 10 year experience with Laparoscopic Adjustable Gastric Banding. Presented to **BOMSS Annual Conference 2011, Wakefield, UK** as an oral presentation.
35. Mahawar K, Boyle M, Balupuri S, Small PK. Laparoscopic conversion of gastric bands to Roux-en-Y gastric bypass is safe and effective: our experience. Oral presentation at **IFSO Annual Congress, Long Beach, USA 3rd-7th September 2010**.
36. Mahawar K, Harrison S, Boyle M, Balupuri S, Small PK. Laparoscopic conversion of gastric bands to Roux-en-Y gastric bypass is safe and effective: our experience. Oral presentation at **IFCO- European Chapter Conference, Lausanne, Switzerland, April 22-24th 2010**.
37. Harrison S, Mahawar K, Boyle M, Balupuri S, Small PK. Does preoperative weight loss improve weight loss outcome after laparoscopic gastric banding and laparoscopic Roux-en-Y gastric bypass? Oral presentation at **IFSO-European Chapter Conference, Lausanne, Switzerland, April 22-24th 2010**.
38. Mahawar K, Boyle M, Balupuri S, Small PK. Laparoscopic adjustable gastric banding for morbid obesity: initial experience with 323 procedures. Oral Presentation at **AUGIS 2009** conference at Nottingham, UK.

Poster Presentations:

1. Courtney M, Mahawar K, Jennings N, Balupuri S, Schroeder N, Small P, Carr W. Occupational Outcomes of Bariatric Surgery. Do the Employed Return to Work and Do the Unemployed Find Work? Poster Presentation at **IFSO 2017 Annual Conference** in London.
2. Courtney M, Schroeder N, Carr W, Mahawar K, Jennings N, Balupuri S, Small P. Outcome of Cholecystectomy in Patients not screened for Obstructive Sleep Apnoea – Does Body Mass Index Matter? Poster Presentation at **IFSO 2017 Annual Conference** in London.
3. Reid A, Boyle M, Rizkallah N, Burnell P, Bell A, Balupuri S, Jennings N, Mahawar K, Schroeder N, Small P, Carr W. Gastric Balloon Insertions – Do Patients undergoing Psychological Treatment have different outcomes to those without? A large single centre bariatric unit study. Poster Presentation at **IFSO 2017 Annual Conference** in London.

4. Graham Y, Small PK, Mahawar K, et al. Menstrual Patterns and Contraceptive Practices of women aged 18-50 awaiting Bariatric Surgery. Poster Presentation at **IFSO 2017 Annual Conference** in London.
5. Courtney M, Carr W, Boyle M, Jennings N, Balupuri S, Small P, Mahawar K. Reinterventions following One Anastomosis Gastric Bypass (OAGB) – When and Why does it happen? Poster Presentation at **IFSO 2017 Annual Conference** in London.
6. Madhok B, Mahawar K, Koshy S et al. Haematological Indices and haematinic levels after One Anastomosis (Mini) Gastric Bypass: A matched comparison with Roux-en-Y Gastric Bypass. Poster Presentation at **IFSO 2017 Annual Conference** in London.
7. Rizkallah N, Ansari S, Mahawar K, et al. One Anastomosis (Mini) Gastric Bypass – 2 year results with 125 procedures in a High Volume Bariatric Unit. Poster Presentation at **IFSO 2017 Annual Conference** in London.
8. Graham Y, Small P, Hayes C, Mahawar K, Ling J. Understanding how Patients adjust to self-reported social complexities after Bariatric Surgery. Poster Presentation at **IFSO 2017 Annual Conference** in London.
9. Graham Y, Hayes C, Mahawar K, et al. What do UK allied health practitioners think of the place of social media and technology for Bariatric Patient Support? Poster Presentation at **IFSO 2017 Annual Conference** in London.
10. Madhok B, Mahawar K, Carr W, Small P. Laparoscopic Reversal of Roux-en-Y Gastric Bypass. Poster Presentation at **IFSO 2017 Annual Conference** in London.
11. Adebibe M, Lynn W, Goralczyk A, Dixit A, Devalia K, Mannur K, Mahawar K, Sharma M. Resurgence of Diabetes Mellitus following conversion to Gastric Bypass to Sleeve Gastrectomy. Poster Presentation at **IFSO 2017 Annual Conference** in London.
12. Courtney M, Carr W, Boyle M, Jennings N, Balupuri S, Small P, Mahawar K. Re-intervention following One Anastomosis (mini) Gastric Bypass – When and why does it happen? Poster Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
13. Dimond S, Jennings N, Schroeder N, Carr W, Mahawar K, Small P, Balupuri S. Change in liver enzyme profile in biopsy-proven NAFLD and NASH in bariatric patients. Poster Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
14. Reid A, Boyle M, Bell A, Rizkallah N, Balupuri S, Jennings N, Mahawar K, Norbert Schroeder, Peter Small, William Carr, Gastric balloon insertion for the management of obesity: a single bariatric centre experience over 16 years. Poster Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
15. Madhok B, Hadfield J, Koshy S, Stubbing-Moore A, Mahawar K, Jennings N,

- Small P. Comparison of Haemoglobin and haematinics in a matched cohort of patients who underwent One-anastomosis gastric bypass and Roux-en-Y gastric bypass. Poster Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
16. Chetan Parmar, A Abouleid, M Boyle, K Mahawar, W Carr, N Jennings, N Schroeder, S Balupuri, P Small. First 100 Laparoscopic Mini Gastric Bypass (MGB) matched with Roux-en-Y Gastric bypass (RYGB) – a Single Centre UK Experience. Poster Presentation at **BOMSS 2017 Annual Conference** at Alton Towers, Stoke-on-Trent.
 17. Parmar C, Madhok B, Hamza N, Carr W, Jennings N, Mahawar K, Small P, Balupuri S. Novel approach of endoscopic removal of intrajejunal migrated gastric band. Poster Presentation at **BOMSS 2016 Annual Conference** at Cardiff, Wales.
 18. Madhok B, Hamza N, Parmar C, Carr W, Jennings N, Mahawar K, Schroeder N, Balupuri S, Small PK. Comparison of weight loss outcomes amongst smokers versus non-smokers in patients undergoing Roux-en-Y gastric bypass. Poster Presentation at **BOMSS 2016 Annual Conference** at Cardiff, Wales
 19. Boyle M, Hamza N, Mahawar K, Young N. Laparoscopic Mini gastric bypass associated with a lower serum Selenium level in comparison with Roux-en-Y gastric bypass? Poster Presentation at **BOMSS 2016 Annual Conference** at Cardiff, Wales
 20. Graham Y, Mahawar K, Jennings N, Schroeder N, Carr W, Small PK, Balupuri S. Bariatric Surgeons' Perceptions of Non Alcoholic Fatty Liver Disease (NAFLD). Poster Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
 21. Christopher C, Graham Y, Parmar C, Mahawar K, Jennings N, Schroeder N, Carr W, Small PK, Balupuri S. AST to ALT Ratio in NAFLD is Non-predictive of Need for Liver Biopsy. Poster Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
 22. Parmar C, Carr W, Jennings N, Mahawar K, Schroeder N, Balupuri S, Small PK. Laparoscopic Mini Gastric Bypass (LMGB) has a Short Surgical Learning Curve. A Single Unit's Experience. Poster Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
 23. Parmar C, Jennings N, Carr W, Mahawar K, Balupuri S, Small PK. Anti Peristaltic Intussusception: A Rare Complication of Laparoscopic Roux en Y Gastric Bypass (LRYGB). Poster Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
 24. Parmar C, Boyle M, Mahawar K, Carr W, Jennings N, Schroeder N, Balupuri S, Small PK. Laparoscopic Mini Gastric Bypass (LMGB): A Single Centre UK Experience. Poster Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria

25. Parmar C, Boyle M, Carr W, Jennings N, Mahawar K, Balupuri S, Small PK. Bariatric Surgery is Safe and Effective in Septuagenarians. Poster Presentation at **IFSO 2015 Annual Conference** at Vienna, Austria
26. Bennett J, Small P, Parmar C, Boyle M, Jennings N, Balupuri S, Mahawar K, Carr W. Is Marginal Ulceration more common after Mini Gastric Bypass? Poster presentation at **British Obesity and Metabolic Surgery Society's 2015 Annual Conference** at Newcastle.
27. Mahawar K, Bennett J, Carr WJ, Jennings N, Balupuri S, Small PK. Revisional Roux en Y Gastric Bypass and Sleeve Gastrectomy are Safe and Effective. Poster presentation at **British Obesity and Metabolic Surgery Society's 2015 Annual Conference** at Newcastle.
28. Mahawar K, Parmar C, Carr WJ, Jennings N, Balupuri S, Small PK. Surgeons should not routinely bypass more than 200 cm of small bowel during gastric bypass for morbid obesity. Poster presentation at **British Obesity and Metabolic Surgery Society's 2015 Annual Conference** at Newcastle.
29. Does achieving a preoperative weight loss target help predict success in bariatric surgery? Jennings N, Carr WRJ, Mahawar K, Balupuri S, Boyle M, Small PK. Poster presentation at **British Obesity and Metabolic Surgery Society's 2015 Annual Conference** at Newcastle.
30. Surgical Learning Curve with Laparoscopic Mini Gastric Bypass (LMGB). Parmar C, Bennett J, Jennings N, Mahawar K, Balupuri S, Small PK. Poster presentation at **British Obesity and Metabolic Surgery Society's 2015 Annual Conference** at Newcastle.
31. Kanakala V, Boyle M, Sekhar A, Sarkar R, Chatopadhyay D, Jennings N, Mahawar K, Balupuri S, Small PK. Laparoscopic Mini Gastric Bypass (LMGB) and resolution of metabolic syndrome. Does it really help? Poster presentation at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire, UK.
32. Wilson J, Mahawar K, Boyle M. Laparoscopic Roux en Y Gastric Bypass – a ten-year review. Poster presentation at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire, UK.
33. Wilson J, Mahawar K, Boyle M. Reflux in Laparoscopic Sleeve Gastrectomy. Poster presentation at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire, UK.
34. Chattopadhyay D, Sarkar R, Kanakala V, Schroeder N, Balupuri S, Mahawar K, Small PK. The need for a revisional or additional bariatric procedure after sleeve gastrectomy after 5 years follow up – systematic review. Poster presentation at **British Obesity and Metabolic Surgery Society's 2014 Annual Conference** at Warwickshire, UK.

35. Bennett J, Brown JJS, Boyle M, Mahawar K, Balupuri S, Small P. An audit looking at 1 year weight loss in sleeve gastrectomy patients with different eating habits. Poster Presentation at **AUGIS Annual Conference 2013**, Gateshead, UK.
36. Shaban F, Brown J, Carr W, Boyle M, Mahawar K, Schroeder N, Balupuri S, Small P. Contraceptive use and incidence of early pregnancy post weight loss surgery. Poster Presentation at **AUGIS Annual Conference 2013**, Gateshead, UK.
37. Shaban F, Brown J, Boyle M, Mahawar K, Balupuri S, Small P. Blood Pressure and Risk of Post Bariatric Surgery Bleeding. Poster presentation at **IFSO Annual Conference 2013**, Istanbul, Turkey.
38. Shaban F, Brown J, Boyle M, Mahawar K, Balupuri S, Small P. Transfusion Requirement Post Bariatric Surgery. Poster presentation at **IFSO Annual Conference 2013**, Istanbul, Turkey.
39. Shaban F, Brown J, Jennings N, Carr W, Boyle M, Mahawar K, Balupuri S, Small P. LAGB: A Historic Procedure and a Future Headache? Poster presentation at **IFSO Annual Conference 2013**, Istanbul, Turkey.
40. Young J, Boyle M, Mahawar K, Balupuri S, Small P. Gastrogastric Fistula: A Significant Problem for the Future? Poster presentation at **IFSO Annual Conference 2013**, Istanbul, Turkey.
41. Carr W, Jindal S, Ramsey K, Boyle M, Mahawar K, Balupuri S, Small P. Early Survival Outcomes Following Bariatric Referral for 3766 patients. Poster presentation at **IFSO Annual Conference 2013**, Istanbul, Turkey.
42. Gastric Balloons before laparoscopic roux en y gastric bypass: short term fix or a long term problem? Jennings N, Dixon S, Boyle M, Balupuri S, Mahawar K, Small P. Presented to **BOMSS Annual Conference 2013, Glasgow, UK** as a poster presentation. It was a poster of distinction.
43. Complications requiring reoperation and readmission after laparoscopic roux en y gastric bypass and sleeve gastrectomy. Wilson J, Dixon S, Mahawar K, Boyle M. Presented to **BOMSS Annual Conference 2013, Glasgow, UK** as a poster presentation.
44. Henley N, Balupuri S, Mahawar K, Schroeder N, Small PK. Short term results of Laparoscopic Sleeve Gastrectomy in patients with type II diabetes mellitus. Presented to **4th International Consensus Summit for Sleeve Gastrectomy December' 2012, New York**. This work was also presented to **BOMSS Annual Conference 2013, Glasgow UK** as a poster presentation.
45. Gupta A, Mahawar K, Alhamdani A, Boyle M, Balupuri S, Schroeder N, Small PK. Successful Venous Thromboprophylaxis in patients undergoing Roux en Y Gastric Bypass. Poster Presentation at **IFSO Annual Conference 2012, New Delhi, India' September' 2012**.
46. Gupta A, Mahawar K, Alhamdani A, Boyle M, Balupuri S, Schroeder N, Small PK. Laparoscopic Roux-en-y Gastric Bypass is Now Considered a Gold Standard

- in Bariatric Surgery. We Wish to Share Our Experience of Gastric Bypasses Performed in a Single Unit. Poster Presentation at **IFSO Annual Conference 2012, New Delhi, India** September' 2012.
47. Jennings N, Stevens S, Taylor R, Carey P E, Coates JA, Ogilvie P, Schroeder N, Mahawar K, Balupuri S, Small PK. Remission of type II diabetes mellitus following bariatric surgery is not influenced by the choice of surgical procedure. Presented to **BOMSS Annual Conference 2012, Bristol, UK** as a poster presentation.
 48. Jennings N, Boyle M, Mahawar K, Schroeder N, Balupuri S, Small P. Changes in bariatric practice occurring over the last decade are not explained by changing patient factors: What is the surgeon's influence? Presented to **BOMSS Annual Conference 2012, Bristol, UK** as a poster presentation.
 49. Wilson M, Alhamdani A, Boyle M, Mahawar K, Small P. Laparoscopic roux en y gastric bypass: Complications requiring further surgery, weight loss and readmission in a cohort of 309 patients. Presented to **ASiT Annual Conference April 2011, Sheffield, UK** as a poster presentation.
 50. Wilson M, Alhamdani A, Boyle M, Mahawar K, Small P. Enhanced recovery is feasible in bariatric patients: Early outcomes of enhanced recovery following laparoscopic roux en y gastric bypass. Presented to **ASiT Annual Conference April 2011, Sheffield, UK** as a poster presentation.
 51. Wilson M, Alhamdani A, Mahawar K, Balupuri S, Small P. Laparoscopic Roux en Y Gastric Bypass: Single Centre Experience of 426 cases. Presented to **IFSO Annual Conference 2011, Hamburg, German**, as a poster presentation.
 52. Mahawar K, Balupuri S, Small PK. An enhanced recovery protocol for patients undergoing laparoscopic roux-en-y gastric bypass. Poster presentation at **IFSO Annual Conference, Long Beach, USA 3rd-7th September' 2010**.
 53. Mahawar K, Boyle M, Balupuri S, Small PK. Enoxaparin 40 mg daily is safe and effective in preventing deep vein thrombosis in patients undergoing bariatric surgery. Poster presentation at **IFSO Annual Conference, Long Beach, USA 3rd-7th September' 2010**.
 54. Mahawar K, Parker S, Balupuri S, Small PK. Is routine "group and save" necessary before laparoscopic gastric banding and roux-en-y gastric bypass? Poster presentation at **IFSO Annual Conference, Long Beach, USA 3rd-7th September' 2010**.
 55. Mahawar K, Harrison S, Boyle M, Balupuri S, Small PK. Learning curve for laparoscopic roux-en-Y gastric bypass can be reduced to 30 patients by adopting a two consultant approach for the initial few bypasses. Poster presentation at **IFSO-European Chapter Conference, Lausanne, Switzerland, April 22-24th 2010**.
 56. Parker S, Mahawar K, Boyle M, Balupuri S, Small PK. Is routine "Group and Save" necessary before Laparoscopic Gastric Banding and Roux-en-Y Gastric

- Bypass? Presented as a Poster at **BOMSS** (British Obesity and Metabolic Surgery Society), Inaugural Annual Scientific Meeting, January **2010**, London.
57. Brown A, Mahawar K, Boyle M, Balupuri S, Small PK. Is routine upper gastrointestinal endoscopy necessary before gastric bypass? Presented as a Poster at **BOMSS** (British Obesity and Metabolic Surgery Society) Inaugural Annual Scientific Meeting, January **2010**, London.
58. Mahawar K, Boyle M, Balupuri S, Small PK. Preliminary experience with 200 Roux-en-Y gastric bypasses for morbid obesity in a single centre. Presented as a Poster at **BOMSS** (British Obesity and Metabolic Surgery Society) Inaugural Annual Scientific Meeting, January **2010**, London.
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60. Jennings N, Mahawar K, Boyle M, Schroeder N, Balupuri S, Small PK. Standard dose Enoxaparin is effective in preventing deep vein thrombosis in patients undergoing bariatric surgery. Presented as a Poster at **BOMSS** (British Obesity and Metabolic Surgery Society) Inaugural Annual Scientific Meeting, January **2010**, London.
61. Jennings NA, Mahawar K, Boyle M, Balupuri S, Small PK. Is weight loss in revisional laparoscopic roux-en-Y gastric bypasses similar to primary bypasses? Presented as a Poster at **BOMSS** (British Obesity and Metabolic Surgery Society) Inaugural Annual Scientific Meeting, January **2010**, London.
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63. Isreb S, Hildreth AJ, Mahawar K, Balupuri S, Small PK. Laparoscopic instruments marking improve length measurement precision. Poster Presentation at **IFSO (International Federation of Society for Obesity Surgery) 2009** meeting at Paris.
64. Mahawar K, Boyle M, Tate H, Balupuri S, Small PK. Patient Information Seminars in Bariatric Surgery: An efficient method of education which saves clinic time. Poster Presentation at **ASGBI 2009** meeting at Glasgow, UK.
65. Sultan J, Carr WRJ, Boyle M, Mahawar K, Balupuri S, Small PK. Safety and Effectiveness of the Intra-gastric Balloon for Obesity. **World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders - IFSO XVI (Hamburg Sept 2011)**
66. Carr WRJ, Mahawar K, Boyle M, Rodgers J, Common K, Balupuri S, Small PK. Patient Information Seminars in Bariatric Surgery: An efficient method of

education which saves clinic time. **World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders IFSO XV (Lausanne 2010)**

67. Carr WRJ, Mahawar K, Boyle M, Rodgers J, Common K, Balupuri S, Small PK. A review of patient outcomes for 428 referrals to bariatric surgery from primary care: Do all patients need surgery? **World Congress of the International Federation for the Surgery of Obesity and Metabolic Disorders IFSO XV (Lausanne May 2010)**
68. Birla R, Mahawar K, Wilbin L, Cheripally B, Viswanath YKS. Evaluation of original and a proposed modification of Alvarado Score in avoiding normal appendicectomy: a prospective audit. Poster Presentation at **ACPGBI 2009**.
69. Mahawar KK, Lewis BJ, Bowen-Jones D, Moots RJ, McLaughlin PJ. Does Dopamine induce apoptosis in peripheral blood lymphocytes? Poster Presentation at Annual Conference of **British Society of Immunology**, held in Dec'04 in Harrogate, UK
70. Paper on the role of Altruism in living related renal transplant was presented in seventh **Congress of Asian Society of Transplantation**, March' 02 in New Delhi,
71. Paper on acute renal dysfunction following open-heart surgery was presented in 48th Annual Conference of **Indian Association of Cardiovascular-Thoracic Surgeons** held in Feb' 02 in Chennai, India.

Professional Memberships:

1. Association of Upper GI Surgeons (**AUGIS**), UK
2. British Obesity and Metabolic Surgeons Society (**BOMSS**)
3. International Federation for Surgery of Obesity (**IFSO**)
4. Association of Surgeons of Great Britain and Ireland (**ASGBI**)
5. American Society for Metabolic and Bariatric Surgery (**ASMBS**)
6. British Medical Association (**BMA**)
7. Medical Defense Union (**MDU**)

General Interest:

Swimming, chess and reading. Publishing models in biomedical industry.

Career Objective:

Promote bariatric and metabolic surgery

References:

Can be arranged if needed