

CURRICULUM VITAE

RUI JOSÉ DA SILVA RIBEIRO

Biography

Dr. Rui Ribeiro completed his course in Medicine in Lisbon, Portugal, 1986. He was a general surgery resident in the “Hospitais Civis de Lisboa” since 1990 to 1996. Fellow in those Hospitals up to 2002 when he applied and got the next career degree (graduated assistant). From 2008 up to 2017 August he was the Coordinator of the “Unidade de Tratamento Cirúrgico da Obesidade e Doença Endócrinas” in the Centro Hospitalar de Lisboa Central, the new name to the old “Hospitais Civis de Lisboa”, the main one in the city.

In September 2017, he moved to a private hospital unit, Clínica de Santo António – Lusíadas, in Lisbon, where he is a senior assistant and the Coordinator of the metabolic Unit, “Centro Multidisciplinar da Doença Metabólica”.

Since 2005 he is also the Medical director of the Lasercenter, prestação de serviços médicos Lda, a medical company leader in obesity treatment and aesthetic care.

He performed his first cases of laparoscopic cholecistectomies in 1992 and has had particular interest in hernia surgery, gastroesophageal reflux surgery, colorectal surgery and, since 2001, bariatric surgery beginning with the gastric band technique up to their more complex techniques.

In this field, later on, he introduced and pioneered laparoscopic gastric bypass, the sleeve gastrectomy and the biliopancreatic diversion with and without duodenal switch. In 1998 he pioneered the “SILS” approach in Portugal performing about 200 cases mostly in bariatric surgery (bands, sleeve, and gastric bypass).

Dr. Rui Ribeiro organized annual courses in laparoscopic and bariatric surgery for the “Hospital de São José”, for the Sociedade Portuguesa de Cirurgia Mini-invasiva, for the Universidade de Lisboa and in cooperation with Tyco, J&J and Bard. Between 2008 and 2011 participated as faculty in the European Masterclasses in Bariatric Surgery in the European Training Center in Elancourt. Also in Spain is a regular faculty in courses organized in the CCMIJU, the training center in Cáceres. Since 2018 he is a Faculty member at the “European Surgical Institute” in Hamburg in metabolic surgery courses.

Regularly since 2003 Dr. Rui Ribeiro he has been invited for numerous National & International conferences, live operation demonstrations & events on laparoscopic & Bariatric treatment. Again published several articles in National and International journals. He performed about 3000 cases obese

people including almost all the techniques. Since 2010 adopted Minigastric Bypass and he is the proponent of one variation which is called “diverted Minigastric bypass” as his main technique with excellent outcomes.

In the years of 2011 up to 2013 he assisted the surgeons of the colo-rectal surgery Unit of the Centro Hospital de Lisboa Central (H. Capuchos) developing a program of laparoscopic surgery for colo-rectal carcinoma treatment. Since 2014 he gave his collaboration in the development of the laparoscopic surgery of the hepato-bilio-pancreatic surgery Unit, in Hospital Curry Cabral, CHLC, Lisbon.

He has participated in Several presentations on TV, radio and newspapers in Portugal about Obesity and diabetes surgery and SILS.

Research Interest

- Metabolic surgery
- Hernia surgery
- Oesophageal and gastric surgery
- Colo-rectal surgery
- Hepatobilio-pancreatic surgery
- Thoracic and abdominal trauma
- Aesthetic and laser surgery

Professional associations:

- Former President of the Portuguese Society of Bariatric and Metabolic Surgery since March 2010, now on duty for the General Assembly presidency
- Actual member of the General Council of the IFSO-EC (European chapter)
- Body member of the IFSO-EC Chapter
- Member of the International Federation for the Surgery of Obesity (IFSO).
- Honorary member of the “Romanian Association for Endoscopic Surgery”
- Member of the Sociedade portuguesa para o estudo da obesidade (SPEO)
- Member of the Sociedade Portuguesa de Cirurgia (SPC).
- Member of the European Hernia Society (EHS),
- Member of the European Association for Endoscopic Surgery (EAES),
- Member of the Sociedade Portuguesa de Cirurgia Mini-invasiva (SPCMIN)
- Member of the International Bariatric Club (IBC)

Scientific activities

- Resident member of the Bariatric academy (web based regular meetings on revisional surgery)
- Former Member of the IFSO Communication Committee
- Peer reviewer in several scientific journal like: “Revista Portuguesa de Cirurgia”, “Acta Médica Portuguesa”, “Journal of Obesity Treatment and Weight Management”.
- Member of the Editorial board in the journal BMI (Bariátrica y Metabólica Ibero-americana)
- Member of the “Editorial board in the journal “Obesity and Stress Management”
- Member of the “Editorial board in the journal “Obesity: Open Access”
- Member of the “Editorial board in the journal “Journal of Obesity Treatment and Weight Management “
- Member of the “Editorial board “ in the journal “Journal of Diabetes and Clinical Studies”
- Member of the Scientific Advisory Board do “High Tech Surgery Association” (HTC)
- Member of the “Scientific Board “of the MGB/OAGB Club”

Relevant scientific *contributions*

- Organization of several congresses and meetings (one for EAES and EuroSurgery) and Iberian Metabolic congresses (member of organizing or scientific committees)
- Organization (President) of 3 portuguese obesity society (SPCO) congresses, 2 national consensus conferences (metabolic surgery, sleeve), several international meetings in the hospital she worked, 2 webinars.
- Organization of more than 20 courses on laparoscopic surgery, metabolic surgery, hernia surgery, manual and mechanic suturing,
- Member of the Iberian task force for a consensus and guideline on TVP prophylaxis (Portuguese and Spanish societies)

Publications

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2. J. Gorjão Clara, A. Nunes, J. F. Esteves, A. Ventosa, L. Carvalho, Rui Ribeiro, A. Diniz da Gama
3. "Caso clínico de divertículo do duodeno e pancreatite aguda"; Rev. Gastroent. e Cirurgia, (XIII:79-85, 1996); António Araújo, Novo de Matos, Rui Ribeiro
4. "Ingresso no Internato Complementar de Cirurgia Geral"; Rev. da ordem dos Médicos, Março 97, 32-33. Rui Ribeiro
5. "Materiais de sutura em cirurgia"; Boletim Clínico dos H.C.L., Jan.-Jun. 1997, Vol.51 - n.º 1-2; Ribeiro R., Timóteo A.T., Noronha C., Novo de Matos J.M., Mendes Araújo A.
6. A utilização da anestesia local em cirurgia geral; Boletim Clínico dos H.C.L., Jun.-Dez. 1997, Vol.52 - Maria J. Sabbo, Rui Ribeiro, C. Noronha, Novo de Matos, A. Araújo,
7. Síndrome do compartimento abdominal da fisiopatologia à terapêutica. Arquivos Portugueses de Cirurgia, Maio, Agosto, Novembro 2001, Vol. 10, n.º 2-3-4; Nuno Carvalho, Victor Farricha, Rui Ribeiro, Marques da Costa
8. Perda de cálculos na colecistectomia laparoscópica. Uma complicação inócua?; Revista de Gastroenterologia & Cirurgia, Set.-Out. 2001, Vol. XVIII, n.º 97; Nuno Carvalho, Victor Farricha, Rui Ribeiro, Rui Lebre, Marques da Costa
9. Temática Herniária – um volver de olhos; Boletim Clínico dos Hospitais Cívicos de Lisboa, Jul.-Ago.-Set. 2001, Vol. 53, n.º 3; Rui Ribeiro e Coutinho Miranda
10. A cirurgia no limiar do Séc XXI; Medi.com, Ano 6, nº 86; Mar 2005; 14 e 15 Rui Ribeiro
11. Cirurgia do Timo num Serviço de Cirurgia Geral; Acta Méd Port 2005; 18: 267-270
12. Bypass gástrico; Rev. Portuguesa de Cirurgia; Mar 2008; II Série, 4; 69-78; Rui Ribeiro
13. Bariatric SILS (Single Incision Laparoscopic Surgery); Chirurgia; Vol 104, Supl.2, 2009; S75
14. "Single Port Access" for bariatric surgery; IBC newsletter; Vol. 1, Apr 2012; 15-17; Rui Ribeiro
15. Single port access for bariatric surgery; Bariatric news; Issue 12; June 2012; 26
16. Efficacy of Bariatric Surgery in Type 2 Diabetes Mellitus Remission: the Role of Mini Gastric Bypass / One Anastomosis Gastric Bypass and Sleeve Gastrectomy at 1 Year Follow-up. A European survey; Mario Musella¹ & Jan Apers² & Karl Rheinwalt³ & Rui Ribeiro⁴ & Emilio Manno⁵ & Francesco Greco⁶ & Michal Čierny⁷ & Marco Milone¹ & Carla Di Stefano⁸ & Sahin Guler² & Isa Mareike Van Lessen³ & Anabela Guerra⁴ & Mauro Natale Maglio⁵ & Riccardo Bonfanti⁶ & Radoslava Novotna⁷ & Guido Coretti¹ & Luigi Piazza⁸; OBES SURG; DOI 10.1007/s11695-015-1865-6
17. What's the best REDO?: Paredes B; Guerra A; Manaças, L; Pereira J; Ribeiro R; Viveiros O.; BMI 4.5.10 (600-609)
18. Ophthalmic Complications of Bariatric Surgery; Rui Azevedo Guerreiro & Rui Ribeiro; OBES SURG DOI 10.1007/s11695-014-1472-y
19. The advantages of MGB, Diverted-MGB and banded-MGB; Bariatric news; issue 26; Dec 2015; 6; Criteria for Inclusion of Newer Bariatric and Metabolic Procedures into the Mainstream: a Survey of 396 Bariatric Surgeons; Kamal K. Mahawar & Cynthia-Michelle Borg & Sanjay Agarwal & Rui Ribeiro & Maurizio De Luca & Peter K. Small; Obes Surg DOI 10.1007/s11695-016-2398-3
20. Hernie de Petersen après minigastric bypass; K. Singh Kular, A. Prasad, B. Ramana, S. Baig, M. Mahir Ozmen, M. Valeti, R. Ribeiro, M. De Luca, J. Apers; Doi : 10.1016/j.jchirv.2016.03.015

21. Intractable Iron Deficiency after Gastric Bypass Surgery. Rui Ribeiro*, Anabela Guerra. Juniper online journal of case studies DOI: 10.19080/JOJCS.2017.03.555608
22. Revisional Surgery: An Inevitable Practice. Obesity: Open Access: Editorial; ISSN 2380-5528
23. Ribeiro R., Guerra A., Viveiros O.; diverted MGB: A New Procedure; Essentials of Mini – One Anastomosis Gastric Bypass. Springer, 2018
24. Technical feasibility and safety profile of diverted mini gastric bypass (dMGB): 5-years experience in primary and revisional cases. Ribeiro R, Pouwels S, Pereira J, Manaças L, Guerra A, Albuquerque A, Borges N, Viveiros O, Ribeiro J. Submitted to “Endoscopic Surgery” in Feb 2018

Social activities

- General Assembly of the Portuguese Society of Bariatric and metabolic Surgery
- President of the association “Veteranos do Futebol Odivelas”
- Member of the sports technical council of the Câmara Municipal de Odivelas.